CHANGING PATTERNS

In this game the children are counting continually in their heads.

The routine is as follows:

Tap 1 2 3 4 5 6 7 clap 8.

Tap 1 2 3 4 5 6 clap 7 and 8.

Tap 1 2 3 4 5 clap 6, 7 and 8 etc. until they are all being clapped.

There are many ways this game can be played - two different actions are needed,

e.g. thinking and clapping.

tapping knees and clapping.

clapping own hands and clapping partner's hands.

playing different instruments.

An extension idea is to play the game in reverse.

Another extension is to have two groups or individuals where one does one action and one does the other.