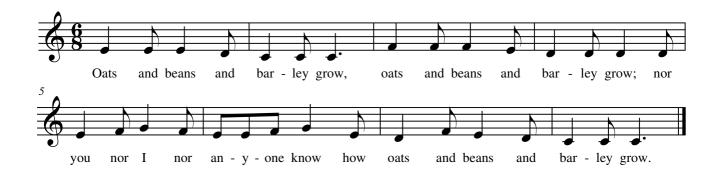
OATS AND BEANS AND BARLEY GROW



Verse 2: First the farmer sows the seed
Then he stands and takes his ease
Stamps his foot and claps his hand
And turns around to view the land.

Verse 3: Looking for a partner
Looking for a partner
Open the ring and take one in
And we'll all gladly dance and sing.

Verse 4: Tra la la....

The children form a circle with one child in the middle (the farmer).

- Verse 1: The circle walks one way while the farmer skips around in the middle going in the opposite direction.
- Verse 2: The children pretend to sow seed, stand with hands on hips, stamp their feet, clap their hands once and turn around, viewing the land with hands shading their eyes.
- Verse 3: The circle walks one way, the farmer the other. On 'open the ring and take one in' the farmer chooses someone to be in the middle with them.
- Verse 4: The two in the middle swing each other around, while the children in the circle stamp their feet and clap their hands in time to the pulse.

The game continues with two farmers in the middle, then four, then eight etc.

When there are too many farmers in the middle for the children on the outside, they swap places so that the farmers make the circle and left over children become the new ones in the middle for the last go, to ensure that everyone has a turn.