

## Primary Music Specialist – Rhythm & Pulse Lesson Plans

<b><u>YEAR 3: RHYTHM and PULSE:</u></b>	<b>LESSON: 2</b>
<p><b><u>LEARNING OBJECTIVES:</u></b></p> <p>To sing in unison with clear diction and control of pitch. To chant and perform increasingly complex actions to a steady pulse. To internalise and recall melodic and rhythmic phrases.</p>	
<p><b><u>KEY VOCABULARY:</u></b> Rhythm, pulse</p>	
<p><b><u>RESOURCES:</u></b></p>	
<p><b><u>MAIN ACTIVITIES:</u></b></p> <ul style="list-style-type: none"><li>• Teach the song <b>'THE AUSTRIAN'</b> (TRACK 67)</li></ul> <p>This is an accumulative action singing game. The children sing the first part and on 'and he went', they tap their hands fast on their knees in anticipation. On 'yodel-o-o-hey the children tap their knees, clap their hands and click their fingers in a regular, continuous pattern, stopping only to do the actions. (actions are explained in the song sheet at the back)</p> <ul style="list-style-type: none"><li>• Teach and play the rhythm game <b>'HI, MY NAME'S JO'</b> (TRACK 7)</li></ul> <p>This is an accumulative game. On 'Press the button with your right hand' the children start tapping their right hand on their knee in time to the pulse.</p> <p>The game progresses as follows:</p> <p>ADD LEFT HAND ADD RIGHT FOOT ADD LEFT FOOT ADD HEAD (nodding) ADD TONGUE (chant with tongue hanging out - optional but the children find it amusing)</p> <p>To end the chant, the children chant <b>'Jo, are you busy? I said YES!'</b></p> <ul style="list-style-type: none"><li>• Teach and play the game <b>'DIC-DICTATION'</b> (TRACK 25)</li></ul> <p>The children stand in a circle with you starting off in the middle.</p> <p>Teach the chant so it is familiar. Ask each child to hold out both hands with palms facing up. In time to the pulse and with everyone chanting, tap each hand in turn with your right then left hand. The child whose hand you touch on the word 'think' says a number. E.g. Three.</p> <p>You then chant <b>'T H R E E spells three and O U T spells OUT!'</b>, while continuing to tap hands. On OUT, the child who is tapped, sits down and the game continues. It is a good idea to choose different children to be in the middle. This is a good pulse-keeping game.</p> <ul style="list-style-type: none"><li>• Play <b>'GRANDMA GRANDMA'</b>. (TRACK 22)</li></ul>	

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**PLENARY:**

Play '**CHOSEN ACTIONS ON CHOSEN BEATS**' (as in lesson 1) (**TRACK 50**)  
Encourage the children to think up and perform more varied and complex patterns.

**NATIONAL CURRICULUM:** 1a, 4a