



Active Music

24 lesson plans with
supporting DVDS

Instrumental ks2

with over 100 songs, games and musical activities



Step-by-step, half-termly sets of lesson plans for
children in Years 3,4,5 and 6 with DVD tracks
demonstrating the songs, games and musical activities.

Fully in line with the Music National Curriculum.

Watch it! Learn it! Teach it!

DVD and CDROM

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INSTRUMENTAL KEY STAGE 2 – DVD CONTENTS

- 1) Don't tap this one back
- 2) Don't tap this one back - version 2
- 3) Solo rhythm game
- 4) Take and add - rhythm game
- 5) Changing patterns - clapping
- 6) Changing patterns - on un-tuned instruments
- 7) Changing patterns - on tuned instruments
- 8) 4-beat composition - building and reducing layers
- 9) 8-beat composition - building and reducing layers
- 10) 4 – beat composition - conducting groups
- 11) 4-beat composition - building and reducing layers - tuned instruments
- 12) Who will be next for a coffee and a chat?
- 13) Start the train
- 14) African composition – chanting and drumming
- 15) Diddle diddle dumpling - instrumental
- 16) A sailor went to sea sea sea - instrumental
- 17) Tony Chestnut - game
- 18) Tony Chestnut - instrumental
- 19) Follow the pattern of the drum
- 20) Follow the pattern of the drum - with body percussion
- 21) Chosen actions on chosen beats - instrumental
- 22) Chosen actions on chosen beats - instrumental with thinking voices
- 23) Boom chick-a-boom - call and response chant
- 24) Boom chick-a-boom - children leading
- 25) Boom chick-a-boom - with claves
- 26) Rhythm flashcards - 5-step process
- 27) Talking voice
- 28) Talking voice - with instruments
- 29) Goodbye everyone - 2 parts on un-tuned instruments
- 30) Goodbye everyone - with instruments - in unison
- 31) Goodbye everyone - pulse in one hand, rhythm in the other
- 32) The Grand old Duke of York - singing with actions
- 33) The Grand old Duke of York - singing with claves – 2 parts
- 34) The Grand old Duke of York - thinking voices with claves – 2 parts
- 35) Ding dong - singing with actions
- 36) Ding dong - singing with claves
- 37) Ding dong - singing with claves – no 'ding dong' or 'hot dog'
- 38) Ding dong - thinking voices with instruments – 2 parts
- 39) Fuzzy Wuzzy – game
- 40) Fuzzy Wuzzy – chanting and clapping
- 41) Fuzzy Wuzzy – chanting with claves
- 42) Fuzzy Wuzzy – thinking voices with claves – 2 parts
- 43) Fuzzy Wuzzy – thinking voices with claves – in unison
- 44) Fuzzy Wuzzy – pulse with one hand, rhythm with the other
- 45) Pease pudding hot – singing with actions
- 46) Pease pudding hot –singing with claves – 2 parts

47) Pease pudding hot – thinking voices with claves – 2 parts
48) Pease pudding hot – singing in canon with claves – 4 parts
49) Pease pudding hot –thinking voices in canon with claves – 4 parts
50) Pease pudding hot –pulse with one hand, rhythm with the other
51) Double double this this – clapping game
52) Double double this this – chanting – 2 parts
53) Double double this this – thinking voices with claves – 2 parts
54) Double double this this – thinking voices with claves – in unison
55) Double double this this – thinking voices with tuned instruments – 2 parts
56) Double double this this – pulse with one hand, rhythm with the other
57) I let her go go – game
58) I let her go go – singing and clapping on ‘go’
59) I let her go go – singing with claves on ‘go’
60) I let her go go – singing with claves – 2 parts
61) I let her go go – thinking voices with claves – 2 parts
62) I let her go go – thinking voices with claves – in unison
63) I let her go go – pulse with one hand, rhythm with the other
64) John Kanaka – game
65) John Kanaka – singing with claves - 2 parts
66) John Kanaka – thinking voices with claves - 2 parts
67) John Kanaka – pulse with one hand, rhythm with the other
68) Go round the mountain – game
69) Go round the mountain – singing with claves – 2 parts
70) Go round the mountain – thinking voices with claves – 2 parts
71) Go round the mountain – pulse with one hand, rhythm with the other
72) On corrianda – game
73) On corrianda – singing with claves – 2 parts
74) On corrianda – thinking voices with claves - 2 parts
75) On corrianda – pulse with one hand, rhythm with the other
76) Obwisana – game
77) Obwisana – singing with claves - 2 parts
78) Obwisana – thinking voices with claves - 2 parts
79) Obwisana – pulse with one hand, rhythm with the other
80) Engine engine number nine – sing and tap the pulse
81) Engine engine number nine – sing and clap the rhythm
82) Engine engine number nine – think and clap the rhythm
83) Engine engine number nine – rhythm on instruments
84) Engine engine number nine – half pulse, half rhythm with thinking voices
85) Engine engine number nine – pulse, rhythm and ostinato- instrumental
86) Engine engine number nine – pulse with one hand, rhythm with the other
87) Engine engine number nine – rhythm names with actions
88) Engine engine number nine - sing and clap rhythmic ostinato
89) Engine engine number nine – sing and play pulse on tuned instruments
90) Engine engine number nine – half pulse, half rhythm on tuned instruments
91) Engine engine number nine – melody on tuned instruments with drone
92) Engine engine number nine – melody on tuned instruments in canon with drone
93) Engine engine number nine – drone, ostinato and melody
94) Engine engine number nine – singing to solfa with hand signs

95) Engine engine number nine – half melody, half ostinato in solfa
96) Bow wow wow - sing and tap the pulse
97) Bow wow wow - sing and clap the rhythm
98) Bow wow wow - think and clap the rhythm
99) Bow wow wow - rhythm on instruments
100) Bow wow wow - half pulse, half rhythm with thinking voices
101) Bow wow wow - pulse, rhythm and ostinato - instrumental
102) Bow wow wow - pulse with one hand, rhythm with the other
103) Bow wow wow - rhythm names with actions
104) Bow wow wow - sing and clap rhythmic ostinato
105) Bow wow wow - sing and play pulse on tuned instruments
106) Bow wow wow - half pulse, half rhythm on tuned instruments
107) Bow wow wow - melody on tuned instruments with drone
108) Bow wow wow- melody on tuned instruments in canon with drone
109) Bow wow wow - drone, ostinato and melody
110) Bow wow wow - singing to solfa with hand signs
111) Bow wow wow - half melody, half ostinato in solfa
112) Bow wow wow/Cobbler cobbler
113) Great big house - sing and tap the pulse
114) Great big house - sing and clap the rhythm
115) Great big house - think and clap the rhythm
116) Great big house - rhythm on instruments
117) Great big house - half pulse, half rhythm with thinking voices
118) Great big house - pulse, rhythm and ostinato - instrumental
119) Great big house - pulse with one hand, rhythm with the other
120) Great big house - rhythm names with actions
121) Great big house - sing and clap rhythmic ostinato
122) Great big house - sing and play pulse on tuned instruments
123) Great big house - half pulse, half rhythm on tuned instruments
124) Great big house - melody on tuned instruments with drone
125) Great big house - melody on tuned instruments in canon with drone
126) Great big house - drone, ostinato and melody
127) Great big house - singing to solfa with hand signs
128) Great big house - half melody, half ostinato in solfa
129) Rocky mountain - sing and tap the pulse
130) Rocky mountain - sing and clap the rhythm
131) Rocky mountain - think and clap the rhythm
132) Rocky mountain - rhythm on instruments
133) Rocky mountain - half pulse, half rhythm with thinking voices
134) Rocky mountain - pulse, rhythm and ostinato – instrumental
135) Rocky mountain - pulse with one hand, rhythm with the other
136) Rocky mountain - rhythm names with actions
137) Rocky mountain - sing and clap rhythmic ostinato
138) Rocky mountain - sing and play pulse on tuned instruments
139) Rocky mountain - half pulse, half rhythm on tuned instruments
140) Rocky mountain - melody on tuned instruments with drone
141) Rocky mountain - melody on tuned instruments in canon with drone
142) Rocky mountain - drone, ostinato and melody

143) Rocky mountain - singing to solfa with hand signs
144) Rocky mountain - half melody, half ostinato in solfa

INSTRUMENTAL COMPOSITIONS AND ACTIVITIES: KEY STAGE 2:

ACTIVE MUSIC: ABOUT THESE PLANS:

This set of lesson plans contains a multitude of games and activities to develop instrumental skills with Key Stage 2 classes.

Children often think that music means instruments but although instruments are a fantastic means of musical expression, they are not the first step in the process, which is why we recommend that these lesson plans are taught after 'Rhythm and Pulse', 'Pitch' and 'Singing Games' have been completed.

We believe that children need to first vocalise sounds, then show their understanding of pulse and rhythm through body percussion before playing instruments. In this way, children have fully internalised the music before they play it. Instruments can be seen as an extension of children's hands, so once they can clap a rhythm accurately they can go on to play it accurately. This also takes away the panic a teacher might feel when embarking on an instrumental lesson with a class of lively Key Stage 2 pupils!

For example, in 'Fuzzy Wuzzy', the children first play the game, chant, then chant and clap on the given moments, all before picking up an instrument. Having achieved success in the initial exercises, the children can then successfully play the instruments accurately. This method of teaching instrumental playing has been proved many times over. The children's inner musicality is then extended by progressing to thinking the words and playing their instruments, in unison and in 2 parts. We have then provided further challenges for the gifted and talented such as tapping a pulse with one hand and the rhythm with the other.

If at any point in a lesson, the children struggle with instrumental playing we recommend that you backtrack to saying and clapping the rhythms. These activities will help reinforce the inner musicality that is needed to accurately play instruments.

There are some familiar games within the plans (from previous ACTIVE MUSIC lessons) which are now played with instruments. For example, 'Double double this this' can be found as a clapping game in Singing Games Key Stage 2, but is now played as an instrumental activity, chanting and clapping, chanting and playing, thinking and playing, in unison and in 2 parts etc.

Using a song already familiar to the children is a huge advantage when playing instruments, as the class can focus on how and when to play their instrument without needing to learn a new song at the same time.

These lesson plans contain many exciting compositional activities, enabling children to write music, improvise and practise and perform in groups. Each year group is also given a song to arrange. As you will see in the DVD contents, there are 4 songs with 16 different activities. These help children to see how songs are structured and provide them with ideas of some of the many ways that songs can be both arranged and accompanied.

This set of lesson plans has a wide range of tried and tested songs, games, activities and compositions which your children will love. They will help you successfully teach instrumental activities to your Key Stage 2 classes, as well as ticking many National Curriculum boxes.

Compiled by Sally Wagter

For more information on further lesson plans and other resources, INSETS, courses etc, please visit www.primarymusicspecialist.com.