

# Active Music

18 lesson plans with  
supporting DVDS

**Pitch ks1**

with over 90 songs, games and musical activities



Step-by-step, half-termly sets of lesson plans for Reception, Year 1 and Year 2 children with DVD tracks demonstrating the songs, games and musical activities.

Fully in line with the Music National Curriculum.

Watch it! Learn it! Teach it!

DVD and CDROM

Written and compiled by Sally Wagter

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## PITCH FOR KEY STAGE 1 – DVD CONTENTS LIST

- 1) Hello Anna
- 2) The introduction game
- 3) Postman's knock
- 4) 1,2,3,4
- 5) Here I come
- 6) I, I, me oh my
- 7) Rain, rain go away
- 8) Who has a brother?
- 9) Sing the register
- 10) 12 things to do with the song 'See-saw' - sing
- 11) See-saw – tap the pulse
- 12) See –saw – clap the rhythm
- 13) See-saw – body actions
- 14) See-saw – with hoop
- 15) See-saw – sing to the words 'high' and 'low'
- 16) See-saw – sing in canon
- 17) See-saw – sing to rhythm names
- 18) See-saw – sing to solfa with hand signs
- 19) See-saw – play the pulse on tuned instruments
- 20) See-saw – play the melody
- 21) See-saw – play the melody in canon
- 22) Introducing SOPHIE
- 23) Introducing MIKHAIL
- 24) So Mi patterns
- 25) So Mi silent patterns
- 26) Puppets – Dancer and Funky
- 27) Help the puppet sing in tune
- 28) Copy cat
- 29) Doggie doggie
- 30) Apples, peaches, pears and plums
- 31) Harry hare – ball game
- 32) Bluebells
- 33) Draw a bucket of water
- 34) Thread follows the needle
- 35) Starlight game with wishes
- 36) Introducing LARA
- 37) La So Mi patterns
- 38) La So Mi silent patterns
- 39) 11 things to do with the song 'Starlight' – sing
- 40) Starlight – tap the pulse
- 41) Starlight – clap the rhythm
- 42) Starlight – body actions
- 43) Starlight – sing in canon
- 44) Starlight – sing to rhythm names
- 45) Starlight – sing to solfa with hand signs
- 46) Starlight – play the pulse on tuned instruments

- 47) Starlight – play the rhythm on tuned instruments
- 48) Starlight – play the melody
- 49) Starlight – play the melody in canon
- 50) Jack in the box
- 51) Rocky mountain – game
- 52) 9 things to do with the song 'Rocky mountain' - sing
- 53) Rocky mountain – tap the pulse
- 54) Rocky mountain – clap the rhythm
- 55) Rocky mountain – body actions
- 56) Rocky mountain – sing to rhythm names
- 57) Rocky mountain – sing to solfa with hand signs
- 58) Rocky mountain – play the pulse on tuned instruments
- 59) Rocky mountain – play the rhythm on tuned instruments
- 60) Rocky mountain – play the melody in canon
- 61) Introducing DODI
- 62) So Mi Do patterns
- 63) So Mi Do silent patterns
- 64) Rain is falling down
- 65) Hot cross buns
- 66) 11 things to do with the song 'Hot cross buns' - sing
- 67) Hot cross buns – tap the pulse
- 68) Hot cross buns – clap the rhythm
- 69) Hot cross buns – body actions
- 70) Hot cross buns – sing in canon
- 71) Hot cross buns – sing to rhythm names
- 72) Hot cross buns – sing to solfa with hand signs
- 73) Hot cross buns – play the pulse on tuned instruments
- 74) Hot cross buns – Play the rhythm on tuned instruments
- 75) Hot cross buns – play the melody
- 76) Hot cross buns – play the melody in canon
- 77) Introducing RAYMOND
- 78) Do Re patterns
- 79) Do Re silent patterns
- 80) Mi Re Do patterns
- 81) Mi Re Do silent patterns
- 82) Step by step
- 83) Pass the puppets round the ring
- 84) Magic box
- 85) What will you play?
- 86) Old MacDonald
- 87) Have you brought your singing voice?
- 88) Cut the cake
- 89) Pumpkin pumpkin
- 90) Buster Buster – action rhyme
- 91) The drum game
- 92) We will copy you
- 93) I wiggle my fingers
- 94) Goodbye everyone

## PITCH FOR KEY STAGE 1: **ACTIVE MUSIC:**

### ABOUT THESE PLANS

These plans take children on a journey from learning 1-note songs to songs with just 3 notes from within the pentatonic scale. The material is designed to include plenty of repetitive singing, while the game-playing element keeps children's motivation levels high. Many games feature solo singing, thus allowing you to monitor children's pitch-matching ability. Although some children are initially too shy to sing, they generally become so engrossed in the games that they eventually want to join in. Once these songs are known, there are many more songs and games with up to 5 notes of the pentatonic scale to move on to – featured on the DVD.

Using the pedagogical approach, recommended by Zoltan Kodaly, of solfa, hand signs, rhythm names and inner hearing, these plans with the accompanying DVD will give you the basics of how to get started. Learning these concepts and teaching them within the context of these singing games and activities will ensure immediate success in your Key Stage 1 classroom.

### WHY SOLFA?

Solfa is the use of symbols to define pitch and has been successfully taught to children for years as an integral part of musical development. Solfa with hand signs bridges the vast gulf between notated music and its sound. Easily understandable, it helps children to pitch-match, learn intervals and recognise different pitch patterns, while its flexibility means it can be used instead of, alongside or prior to traditional note names. Solfa with hand signs is highly interactive and children enjoy the personal challenge of matching the sounds and signs.

### INTERNALISING

The skill of **internalising** or **inner hearing** can be easily developed through using solfa. After some practice at repeating solfa patterns with hand signs, the children can watch you demonstrate a silent hand sign pattern then can sing it back at accurate pitch. Concentration is necessary for this, which is an example of one of the many ways that music can aid thinking skills.

### WHERE CAN PENTATONIC SOLFA LEAD?

Learning pentatonic solfa is a useful tool for arranging songs and leads easily into composing and performing as a class or in small groups. As well as being ideal for developing children's musicality, it is a tool that ticks many Music National Curriculum boxes. In the next book, *Pitch for Key Stage 2*, we demonstrate many ways to arrange songs and begin composing.

## **INSTRUMENTS:**

Once the children have grasped basic rhythm patterns and can sing notes to solfa with hand signs they are ready to play tuned instruments!

Instruments are an extension of a child's inner musicality. It is always best to internalise the rhythm and pitch patterns first before playing them. Children find great satisfaction from being able to play a melody on instruments that they can first sing.

**Compiled by Sally Wagter**

**For more information on further lesson plans and other resources, INSETS, courses etc, please visit [www.primarymusicspecialist.com](http://www.primarymusicspecialist.com).**